



Zulal

Wellness Resort

by Chiva-Som



"Wellness traditions have been conceived and passed on for centuries in various parts of the world, with finding and maintaining an equilibrium as one of the key principles. Our core philosophy is to balance mind, body, and spirit through our six pillars inspired by indigenous practices. We bring wellness to the forefront and make people realise that it is not just a quick fix. Wellness is a way of life. It is something you have to commit to without even thinking. And it must be sustained. In the words of our founder, Boonchu Rojanastien, 'Above all, enjoy your life.'"

Krip Rojanastien
CEO and Chairman
Chiva-Som International Health Resorts

INTRODUCTION

Take a moment to see the world as it is. Lose the chaos and the everyday stresses. Turn down the volume on the noise and life's constant requests for your attention. What you will be left with is nature and all that it holds to bring a renewed sense of living to your spirit.

Zulal Wellness Resort by Chiva-Som is a sanctuary dedicated to the power of nature, harnessing its beauty, its strengths, and its resources to revive the human body, mind and spirit, bringing back natural energy to where it belongs.

Welcome to Zulal.





LOCATION AND KEY FEATURES

- Exclusive private coastal location at the northernmost tip of Qatar, surrounded by the Arabian Gulf
- Close to Al Khasooma, 7 km from Al Ruwais
- Secluded in order to guarantee utmost privacy, yet conveniently accessible
- 1.5-hour drive from the centre of Doha
- 5-7-hour flight from Europe

Spanning 280,000 square metres, the resort functions across two distinct areas:

- Zuhair Discovery, with exclusive “Family wellness” Philosophy and welcoming guests of all ages, consisting of 86 rooms and suites
- Zuhair Serenity, designed specifically for guests aged 16 and above, offering 94 rooms and suites



ACCOMMODATION – ZULAL DISCOVERY

Dedicated for guests of all ages

- 86 exquisite rooms and suites designed to enhance guests’ overall health and wellness experience.
- The sea-inspired interiors pay homage to Qatar’s rich heritage, with eye-catching patterns creating an exclusive feel.
- Interconnected rooms are available.

5 SUPERIOR ROOMS 44 sqm

Available on both the ground and first floors and serving as the perfect entry-level accommodation, these rooms are designed to enhance your overall wellness experience. With thoughtful amenities and inviting interiors, experience a seamless blend of comfort.

46 DELUXE ROOMS 44 sqm

Boasting views of the outdoors, each room features either a king-sized or two twin beds, for a restful night’s sleep. These rooms offer a seamless blend of style and functionality, creating an inviting retreat and a truly rejuvenating stay.

23 DELUXE GARDEN VIEW ROOMS 44 sqm

Showcasing garden views, each room in this category offers a king-sized or two twin beds, both promising a restful night’s sleep. These rooms provide everything you need for a memorable stay, whether admiring the garden views or unwinding in nature.

8 JUNIOR SUITES 59 sqm

Each suite features a comforting king-sized bed, with a cozy reclining area and an en-suite bathroom. With a dedicated dressing area and outside on the terrace, guests can unwind after a day of relaxation and tranquility.

4 ONE BEDROOM SUITES 90 sqm

Each suite features a living area and a convenient dressing space, elegantly furnished with space to unwind and recharge in style. Whether you are seeking relaxation after a busy day or simply indulging in a serene escape, the one bedroom suite provides the perfect sanctuary for a truly rejuvenating experience.

Note: The above mentioned room sizes are including outdoor areas.



ACCOMMODATION – ZULAL SERENITY

Dedicated to guests aged 16 and above

- Experience a new level of wellness resort accommodation in Zulal Serenity with 94 rooms and suited in total.

26 SUPERIOR DELUXE ROOMS 44 sqm

(King and Twin Beds)

Each room offer serene landscaped views. Featuring a choice of king-sized or twin beds, each room ensures restful comfort. A cosy sitting area leading to a shaded terrace, perfect for enjoying the tranquil garden setting and embracing moments of relaxation in nature.

50 GRAND DELUXE ROOMS 84 sq m

Drift into tranquility on the king-sized bed, or refresh your senses in the inviting plunge pool, from the privacy of your terrace. Immerse yourself in the serene ambience of your surroundings, where every detail reflects the rich cultural heritage of the region.

6 SUPERIOR SUITE 59 sq m

Each suite strikes the perfect balance between space and simplicity, creating a serene and airy atmosphere. Featuring a soothing colour palette, the suite includes a king-sized bed, a cosy reclining area, an en-suite bathroom, and a dedicated dressing room. The private balcony offers an inviting space to unwind in tranquillity.

8 JUNIOR SUITES 115 sq m

Designed for two guests, the junior suites offers a relaxing king-sized bed, inviting sofa, and en-suite bathroom with the convenience of a dressing area and walk-in wardrobe, ensuring effortless organization throughout your stay. Each suite has its own private plunge pool and terrace.

2 ONE BEDROOM SUITES 90 sq m

Each suite offers a spacious interior designed for ultimate comfort and style. Featuring a private bathroom, dressing area, and a living and dining space adorned with natural textures and sleek decor, it’s a haven for relaxation. A secluded terrace, shielded by lush landscaping, enhances the serene or rejuvenating scenic ambiance.

1 SHINAN SUITE 323 sq m

This two bedroom suite offers privacy, each room accompanied by its own en-suite bathroom and dressing area, ensuring utmost comfort and convenience. Relax and rejuvenate in your personal sauna, take a refreshing dip in the private temperature controlled pool, or stroll through the tranquil gardens.

1 QATAF SUITE 694 sq m

This is your exclusive, private residence on the coast of northern Qatar, a self-contained haven of peace and privacy with three en-suite bedrooms, ocean-view terraces, a private infinity pool, and personal sauna, even a garden, all for you and your guests.

Note: The above mentioned room sizes are including outdoor areas.



HEALTH AND WELLNESS

Our wellness philosophy, founded on the six pillars of health – fitness, physiotherapy, spa, holistic health, aesthetic beauty, and nutrition – is supported by our environment, services and expertly trained personal wellness consultants.

The Zual Wellness Resort team helps guide guests along their wellness journeys, so that every single guest will be able to sustain a healthy lifestyle beyond the visit. It is this highly personalised approach that is the cornerstone of Chiva-Som’s wellbeing philosophy.

ZUAL SERENITY

- 2 Lagoon treatment suites
- 2 Hydrotherapy treatment rooms
(1 Ladies and 1 Gentlemen)
- 7 Consultation rooms
- 9 Physiotherapy rooms
- 2 First-aid rooms
- 2 Ayurvedic treatment/therapy rooms
- 3 Thai massage rooms
- 2 Relaxation areas (1 Ladies and 1 Gentlemen)
- 1 Pharmacy
- Aesthetic Centre
 - VIP waiting area
 - 1 Dermatologist consultation rooms
 - 3 Aesthetic treatment rooms
 - 1 Skin analysis room
 - 1 Nurse room
- Fitness Pavilion
 - 1 Fitness consultation/assessment room
 - 1 Watsu pool
 - 1 Group movement studio
 - 1 Private studio
 - 1 Mind and Body studio
 - 1 Pilates studio
 - Mixed gym (main gym)
- Thermal Facilities
 - 2 Hammams (1 Ladies and 1 Gentlemen)
 - 2 Salt caves (1 Ladies and 1 Gentlemen)
 - 2 Arctic rooms (1 Ladies and 1 Gentlemen)
 - 2 Steam rooms (1 Ladies and 1 Gentlemen)
 - 2 Saunas (1 Ladies and 1 Gentlemen)
 - 3 Experience showers (2 Ladies and 1 Gentlemen)
 - 2 Indoor plunge pools (1 Ladies and 1 Gentlemen)
 - 2 Mineral baths (2 Ladies and 2 Gentlemen)
 - 2 Relaxation lounges (1 Ladies and 1 Gentlemen)
 - 2 Outdoor pools with relaxation lounge
 - 2 Indoor hydrotherapy pools (1 Ladies and 1 Gentlemen)

Please note that occasionally owing to the low tide, it will not be possible for guests to swim at the beach. We apologize in advance for any inconvenience caused.

HEALTH AND WELLNESS FACILITIES

ZULAL DISCOVERY

- 3 Family consultation rooms
- 2 Fully quipped gymnasiums
(1 Ladies and 1 Gentlemen)
- 2 Relaxation areas (1 Ladies and 1 Gentlemen)
- 1 First-aid room
- Discovery kids studios
- 4 Treatment room for mother and daughter
- 2 Physiotherapy treatment rooms

Thermal Facilities

- 2 Steam rooms (1 Ladies and 1 Gentlemen)
- 2 Saunas (1 Ladies and 1 Gentlemen)
- 2 Relaxation lounges (1 Ladies and 1 Gentlemen)
- 2 Indoor hydrotherapy pools
(1 Ladies and 1 Gentlemen)
- 2 Outdoor pools (1 Ladies and 1 Gentlemen)

RESORT FACILITIES

Indulge in the extensive offering of our signature amenities and recreational activities amid an environment created to help you relax and rejuvenate. Guests have access to the following experiences to enrich and add to their stay at the resort:

ZULAL SERENITY

- Al Sidr
- House of Wisdom (Welcome area)
- Tea House
- Barber and hair salon

ZULAL DISCOVERY

- Aizoon
- Casuarina
- Acacia
- Malbu
- Cooking studio (Demo kitchen)
- Eshar Ballroom with 2 connected pre-function areas
- Wadina meeting room with waiting area
- Spa lagoon for mind relaxation
- Swimmable lagoon
- Family outdoor swimming pool

RESORT-WIDE

- Prayer rooms
- Private parking
- Secluded beach area*
- Souq
- Themed gardens: Nourishment, Understanding, Wellbeing, Essence and Contemplation

* Please note that occasionally owing to the low tide, it will not be possible for guests to swim at the beach. We apologize in advance for any inconvenience caused.



WELLNESS CUISINE

Our inherent philosophy is a main ingredient that finds its way into every culinary experience at Zula. We pride ourselves on creating a mouth-watering gastronomic journey at every meal, offering our guests choices created from locally sourced fresh produce that define the Zula way of life.

We believe that eating healthy, organic and well-balanced meals are the sustenance we need to empower a wholesome lifestyle, allowing for a longer and happier life.

From casual dining and beach side cafes to more formal dining options, the Zula dining experience defines what it means to eat well.







Zula Discovery provides four dining outlets, including **'Aizoon'**, a formal dining restaurant; **'Acacia'**, a regionally inspired restaurant; **'Casuarina'**, a spa cafe, and **'Malbu'**, a beach club, while Zula Serenity offers **'Al Sidr'**, a formal dining restaurant, and the **'Tea House'**.





BANQUET AREA

A variety of banquet areas to accommodate special occasions, corporate meetings and the most intimate celebrations. Personalised touches and warm hospitality by a team of professional, knowledgeable staff trained to assist guests in planning and delivering a memorable event of the highest standards from weddings to corporate events.

ROOM	SEATING STYLE	FLOOR AREA	LENGTH	WIDTH	CEILING HEIGHT	MAX TABLES	MAX CAPACITY	MAX TABLES	MAX CAPACITY	MAX AT THE TABLE
						(FULL)	(FULL)	(HALF)	(HALF)	
		sqm	m	m	m		PAX		PAX	PAX
Ballroom Banquet/ Wedding style		200	19.5	10.7	5	15	120	6	48	8
Ballroom Banquet/ Wedding style with a red carpet		200	19.5	10.7	5	10	80	4	32	8
Ballroom Classroom style/ 915 mm wide tables		200	19.5	10.7	5	36	108	18	54	3
Ballroom Classroom style/ Zigzag style, 455 mm wide tables		200	19.5	10.7	5	60	180	30	90	3
Ballroom Theatre style		200	19.5	10.7	5	176 chairs	176	121 chairs	176	-
Meeting Room Board meeting style		48	15.5	8.5	3.6	14 chairs	14	-	-	14

RESORT LOCATION



1 MSHEIREB
DOWNTOWN DOHA

2 Museum of Islamic Art

1 DOHA

2



124km via Al Shamal Road

Approx. 90 min



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